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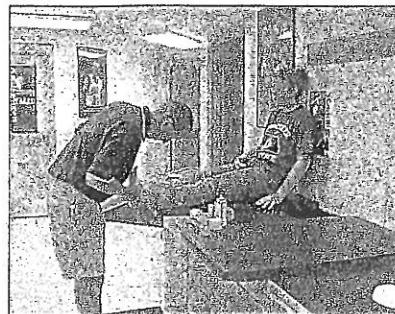
COLLEGE OF EDUCATION  
Department of Kinesiology and Sport Sciences

From: Scott Unruh, Ed.D., ATC

Re: Athletic Training Education at UNK

We are excited about the future of our athletic training education program at the University of Nebraska at Kearney. We are currently in construction of a newly renovated athletic training education classroom and lab space. We have also added new faculty and graduate students as well as expanded clinical settings in an effort to enhance student learning. Our national examination pass rates and placement rates continue to remain high. We genuinely are looking to the future for our program and would like to visit with any students who are interested in studying with highly trained and specialized sports medicine professionals.

Please find enclosed two posters advertising our program at the UNK. We would appreciate it very much if you could post one in a prominent place in your office and place another in the athletics area of your school. I have also enclosed the list of program course offerings and a program sequence of courses for our BSAT degree program.



# Bachelor of Science Degree Athletic Training Information Sheet

The Athletic Training major is a degree designed to prepare professionals in the field of athletic training. Athletic Training professionals are trained to manage the overall health care of the Interscholastic, Intercollegiate, Professional as well as the recreational athlete. They also may seek employment in the clinic environment treating patients from many different walks of life. The field of Athletic Training is constantly evolving as are the many educational opportunities available to the student.

The Athletic Training Education Program at UNK is committed to offering the student a wide variety of educational opportunities. Developed around standards implemented by the Commission on Accreditation of Athletic Training Education (CAATE) the Athletic Training Program provides a high quality of instructional opportunities. Also, the student is immediately afforded the opportunity to gain practical field and expanded clinical experiences within the structure of the UNK Athletic Department and at one of our off-campus clinic and high school internship sites.

The University of Nebraska at Kearney Athletic Training Program (UNK-ATEP) is accredited by the Commission of Accreditation of Athletic Training Education (CAATE). A vital aspect of athletic training education, accreditation offers the student qualification for eligibility to challenge the Board of Certification Examination. The UNK-ATEP is committed to advancing the quality of Athletic Training Education and providing a high level of excellence in the professional preparation of its students.

**For more information concerning this program contact Scott Unruh, Ed.D, ATC/L by phone: 308-865-8627 or by mail: University of Nebraska at Kearney, Cushing Facilities 158, Kearney, NE 68849. Dr. Unruh can also be reached by email at [unruhssa@unk.edu](mailto:unruhssa@unk.edu) or check out our web information at <http://www.unk.edu/acad/hperls/>.**

## General Studies Required by UNK for Athletic Training Majors

I.	<b><u>Foundational Core</u></b>	12 hours
	Written Communication	
	ENG 102	3
	(Pre-req of ENG 101 or English ACT of 29 or greater)	
	Math	
	STAT 241	3
	Oral Communication	
	SPCH 100	3
	Democracy in Perspective	
	Student's Choice of GS courses designated for this topic area	3
II.	<b><u>Portal Course</u></b>	3 hours
	Any course with a 188 prefix	3
III.	<b><u>Distribution</u></b>	27 hours
	Aesthetics	3
	Student's Choice of GS courses designated for this topic area	
	Humanities	6
	Student's Choice of GS courses designated for this topic area	
	Social Sciences	6
	SOC 100	
	PSY	
	Natural Sciences	7
	Choose from	
	BIOL 102, BIOL 105, BIOL 106, BIOL 211, BIOL 215	
	CHEM 145, CHEM 150, CHEM 160, CHEM 161	
	PHYS 205, PHYS 206	
	Analytical & Quantitative Thought	0 (required)
	Wellness	0 (required)
	PE 150 or FSID 110 Nutrition	
IV.	<b><u>Capstone Course</u></b>	3 hours
	Any course with a 388 prefix	3

Total General Studies hours required	45
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*All students must complete, per university catalog requirements, 6 hours of Cultural Diversity and 6 hours of Writing Intensive courses within their program of study.*

## Athletic Training Core

<u>PE 174A</u> , Athletic Training Practicum A	2 hours
<u>PE 174B</u> , Athletic Training Practicum B	2 hours
<u>PE 174C</u> , Athletic Training Practicum C	4 hours
<u>PE 174D</u> , Athletic Training Practicum D	3 hours
<u>PE 174E</u> , Athletic Training Practicum E	1 hours

(Note: Upon acceptance into the program, this courses will be taking based upon clinical assignment per students' clinical level.

<u>PE 250</u> , Athletic Injury Assessment I: LE	3 hours
<u>PE 251</u> , Athletic Injury Assessment II: UE	3 hours
<u>PE 264</u> , Foundation of Athletic Training	4 hours
<u>PE 264L</u> , Foundation of Athletic Training Lab	0 hours
<u>PE 265</u> , Advanced First Aid & Critical Care	2 hours
<u>PE 310</u> , Introduction to Human Physiology of Exercise	3 hours
<u>PE 350</u> , Therapeutic Modalities in Athletic Training	4 hours
<u>PE 350L</u> , Modalities in Athletic Training Lab	0 hours
<u>PE 360</u> , Human Anatomy and Kinesiology	4 hours
<u>PE 375</u> , Rehabilitation Techniques in Athletic Training	4 hours
<u>PE 375L</u> , Rehabilitation Techniques in Athletic Training Lab	0 hours
<u>PE 470</u> General Medical Conditions and Pharmacological Application in Sport and Exercise	3 hours
<u>PE 422</u> , Administration of Strength Programs	2 hours
<u>PE 425</u> , Legal Aspects of Sport and Recreation	3 hours
<u>PE 430</u> , Organization and Administration in Recreation, Sport and Tourism	3 hours
<u>PE 460</u> , Gross Anatomy	3 hours
<u>PE 461</u> , Physiology of Exercise	4 hours
<u>PE 467</u> , Fitness Testing	3 hours
<u>PE 469</u> , Nutrition for Health and Sport	3 hours
<u>PE 475</u> Research Techniques in Exercise Science	3 hours
<u>PE 499</u> , Senior Seminar in Athletic Training	1 hour
<u>REC 477</u> , Internship -2 separate 4 hour assignments (H.S. & Clinic)	8 hours
<u>CSP 404</u> , Counseling and Mental Disorders	2 hours

**Major = 75 hours**

**Minimum total hours required for BS in Athletic Training Comprehensive = 120**

Bachelor of Science  
Athletic Training Comprehensive Major  
Sequence

**First Semester**

General Studies Portal	3
Gen. Stud. Nat. Sc (BIO or CHEM)	4
Gen. St. - Democracy	3
PE 265 Adv. First Aid and Critical Care	2
FSID 110GS Intro. To Nutrition	3
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**Prospective Athletic Training Student**

Orientation to Athletic Training

Shadowing

**Third Semester**

PE 360 Anatomy & Kinesiology	4
PE 250 Athletic Injury Assessment I LE	3
SPCH 100GS Fund. Of Speech	3
SOC 100GS Introduction to Soc.	3
PE 174 A Practicum	2
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Clinical Level 1

Clinical setting rotations

**Fifth Semester**

PE 375 Rehab. Tech. in Athletic Training	4
STAT 241 Statistics	3
PE 467 Fitness Testing	3
Gen. Stud. - Hum.	3
PE 174 C Practicum (Full Season)	4
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Clinical Level 2

Level 2 Clinical Setting Rotation &/or  
Season Assignments

**Seventh Semester**

PE 430 Sports Administration	3
REC 477 Internship	3
PE 174 E Practicum	1
PE 475 Research Methods in Ex. Science	3
PE 460 Gross Anatomy	3
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Clinical Level 3

High School or Clinic Internship &/or AT  
Room Setting

**Second Semester**

GS - ENG 102GS Expository Writing II	3
PE 310 Intr. Hum Phys. Resp. to Ex	3
PE 264 Foundations of Athletic Training	4
PE 150GS Healthful, Wealthy and Wise	3
Gen. Stud. Nat. Sc (Non Pre- PHYS 100)	3
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**Prospective Athletic Training Student**

Official application ,Interview – Off.  
acceptance

Observation assignments

**Fourth Semester**

Gen. Stud. –Aesth.,	3
PE 251 Athletic Injury Assessment II UE	3
PE 461 Advanced Physiology of Exercise	4
PE 350 Modalities in Athletic Training	4
PE 174 B Practicum	2
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Clinical Level 1

Clinical setting rotations

Level 1 clinical advancement exam

**Sixth Semester**

PSY 203GS Gen. Psychology	3
PE 470 Gen. Med. Cond. & Pharm. In Sport	2
Gen. Stud. –Hum.	3
PE 425 Legal Aspects of Sport and Recreation	3
PE 469 Nutrition for Health and Sport	3
PE 174 D Practicum (Rotations)	3
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Clinical Level 2

Level 2 Clinical Setting Rotation &/or Season  
Assignments

Level 2 clinical advancement exam

**Eighth Semester**

REC 477 Internship	3
PE 422 Administration of Strength Programs	2
PE 499 Senior Seminar	1
GS Capstone	3
C&SP 404 Counseling and Mental Disorders	2
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Clinical Level 3

High School or Clinic Internship &/or AT  
Room Setting

Level 3 cumulative examination

BOC Examination

- Note the variance in total credits taken in a given semester is predicated on the fact that there is a selection made that determines which semester the choice of courses is taken. This is determined by course availability at the time of advising and enrollment.