

2013 NSAA STATE TRACK AND FIELD CHAMPIONSHIP SCHEDULE

Omaha Burke Stadium, 12200 Burke Blvd., Omaha, NE--Friday & Saturday--May 17-18, 2013



Friday, May 17--All Preliminaries--except the 3200 meter events

The first running event will begin at 9:00 A.M., with the girls' Class C events being run first, followed by the girls' Class A, boys' Class C, and boys' Class A events. **At 3:30 P.M. Classes D and B will begin with girls' Class D, followed by girls' Class B, boys' Class D, and boys' Class B events.** Events will follow this time schedule as closely as possible. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

Classes C and A

| | |
|------------|-------------------------|
| 9:00 A.M. | 3200 Meter Relay Finals |
| 9:55 A.M. | 100 Meter High Hurdles |
| 10:10 A.M. | 110 Meter High Hurdles |
| 10:25 A.M. | 100 Meter Dash |
| 11:05 A.M. | 400 Meter Dash |
| 11:40 A.M. | 3200 Meter Run Finals |
| 12:40 P.M. | 300 Meter Low Hurdles |
| 1:00 P.M. | 300 Meter Int. Hurdles |
| 1:15 P.M. | 200 Meter Dash |

Classes D and B

| | | |
|-----------|-------------------------|-------------------------------------------------------|
| 3:30 P.M. | 3200 Meter Relay Finals | Darcy Barry, Ronnie Brust, Gabby Shannon, Taylor Otte |
| 4:25 P.M. | 100 Meter High Hurdles | Shauna Tweedy |
| 4:45 P.M. | 110 Meter High Hurdles | |
| 5:05 P.M. | 100 Meter Dash | Tschida Johnson |
| 5:45 P.M. | 400 Meter Dash | |
| 6:25 P.M. | 3200 Meter Run Finals | |
| 7:25 P.M. | 300 Meter Low Hurdles | |
| 7:45 P.M. | 300 Meter Int. Hurdles | |
| 8:05 P.M. | 200 Meter Dash | Tschida Johnson & Tyler Kavan |

Saturday, May 18--All Finals

All Classes. The first running event will begin at 9:30 A.M. with the girls' Class D 800 meter run. It will be followed by girls' C, B, and A. The boys' four classes will then follow in the same order. **At the completion of the 400 meter finals, there will be an intermission.** The 1600 meter run will begin at 2:00 P.M. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

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|------------|---------------------------------|--------------------------------|
| 9:00 A.M. | Special Olympics 100 Meter Dash | |
| 9:30 A.M. | 800 Meter Run | Taylor Otte, Shauna Tweedy, |
| 10:45 A.M. | 400 Meter Relay | Gabby Shannon, Tschida Johnson |
| 12:00 Noon | 100 Meter High Hurdles | Shauna Tweedy |
| 12:15 P.M. | 110 Meter High Hurdles | |
| 12:30 P.M. | 100 Meter Dash | Tschida Johnson |
| 12:55 P.M. | 400 Meter Dash | |

Intermission

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|-----------|------------------------|-------------------------------|
| 2:00 P.M. | 1600 Meter Run | |
| 3:10 P.M. | 300 Meter Low Hurdles | |
| 3:25 P.M. | 300 Meter Int. Hurdles | |
| 3:40 P.M. | 200 Meter Dash | Tschida Johnson & Tyler Kavan |
| 4:10 P.M. | 1600 Meter Relay | |

*****Field Events*****

| Event | Boy/Girl | CLASS A | CLASS B | CLASS C | CLASS D |
|-------------|----------|-----------------|-----------------|-----------------|-----------------|
| Long Jump | ◆ Boys | 8:30 a.m. Sat. | 3:00 p.m. Sat. | 1:00 p.m. Sat. | 10:30 a.m. Sat. |
| | *Girls | 11:00 a.m. Fri. | 3:00 p.m. Fri. | 9:00 a.m. Fri. | 5:30 p.m. Fri. |
| Triple Jump | ◆ Boys | 9:00 a.m. Fri. | 6:00 p.m. Fri. | 12:00 noon Fri. | 3:00 p.m. Fri. |
| | *Girls | 1:30 p.m. Sat. | 11:00 a.m. Sat. | 3:30 p.m. Sat. | 8:30 a.m. Sat. |
| Shot Put | ◆ Boys | 9:00 a.m. Fri. | 5:30 p.m. Fri. | 11:00 a.m. Fri. | 3:30 p.m. Fri. |
| | *Girls | 11:00 a.m. Sat. | 1:00 p.m. Sat. | 8:30 a.m. Sat. | 3:00 p.m. Sat. |
| Discus | ◆ Boys | 1:00 p.m. Sat. | 11:00 a.m. Sat. | 3:00 p.m. Sat. | 8:30 a.m. Sat. |
| | *Girls | 12:00 noon Fri. | 3:00 p.m. Fri. | 9:00 a.m. Fri. | 5:30 p.m. Fri. |
| High Jump | ◆ Boys | 12:00 noon Fri. | 3:00 p.m. Fri. | 9:00 a.m. Fri. | 5:30 p.m. Fri. |
| | *Girls | 8:30 a.m. Sat. | 3:00 p.m. Sat. | 10:30 a.m. Sat. | 1:00 p.m. Sat. |
| Pole Vault | ◆ Boys | 9:00 a.m. Fri. | 9:00 a.m. Sat. | 1:00 p.m. Sat. | 3:30 p.m. Fri. |
| | *Girls | 9:00 a.m. Sat. | 3:30 p.m. Fri. | 9:00 a.m. Fri. | 1:00 p.m. Sat. |