

2011 - 2012 Course Syllabus

Teacher: Jerry Voboril

Class: Health 6th Grade

Contact Information

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Course Description

The course introduces the students to the nine life skills (Assessing your health, Making good decisions, Setting goals, Using refusal skills, Communicating effectively, Coping, Evaluating media messages, Practicing wellness and Being a wise consumer). Chapters include: Health and Wellness, Making Good Decisions, Self-esteem, Body Image, Friends and Family, Coping with Conflict and Stress, Your body systems, Understanding Drugs, Tobacco and Alcohol, Health and Your Safety, Nutrition and Physical Fitness. Nurse Mary may assist the class during a few of the Chapters. If time allows at the end of the year, Nurse Mary comes in and teaches Baby-sitting (covering: how to be a good baby-sitter, holding an infant correctly, diaper changing and an awareness level of what to do if a baby is choking). During the Health and Your Safety; chapter, Nurse Mary comes in with some additional home safety information.

Materials Needed

Textbook: Decision for Health

Other Materials: Notebook or folder to keep assignments, pencil or pen

Academic and Behavioral Expectations

The class period is approximately 45 minutes long. There will be several guided and independent activities that will take place in that time. It is expected that the student work within Wahoo Middle School's academic and behavioral expectations. (see below) All homework assigned will be due at the beginning of class unless otherwise noted. Tests will be announced in advance and need to be completed the day that they are assigned. Long-term projects will also be announced in advance and are to be completed by the date assigned.

Wahoo Middle School Academic Expectations

- o Be on time and prepared for learning
- o Complete assigned tasks on time
- o Strive for academic success
- o Use work time productively
- o Respect people and property
- o Respond appropriately to staff directives

Grading

All **daily assignments (Directed Reading, Concept Review and Quiz)** will be graded on a 100 point scale and account for 1/3 of your grade. A student will receive an incomplete if the assignment is late and will be asked to stay after school to complete the assignment. **Chapter Tests and Projects** will be graded on a 100-point scale and account for 2/3 of your grade. After every Chapter Test, each student will have a chance to Earn Back Points to raise their test score. Students will be able to use their test study guide, notes and text to correct the questions missed on the test. For each missed question corrected, a point or points will be added to their test score.

Additional Information

If a student misses class, the responsibility of getting the notes, activity sheets and assignments is that of the student. A student can borrow notes from another classmate (remember to READ the pages that the notes cover). The student can ask questions or seek additional help outside of class in several ways. The teacher is available before school, during study hall, during lunch, during 8th period and after school. In addition, the student can call the teacher at home in the evening if needed.

Calendar of assignments (subject to change)

There will be...

- o Directed Reading Worksheets (done in class unless student was absent)
- o Concept Review Worksheets (done in class unless student was absent)
- o Chapter Test Study Guide [the test questions in mixed order]
(done in class unless student was absent, may also be taken home to complete)

o Chapter Test (to be completed in class)