



### FURTHER INFORMATION

All sessions must be completed to receive a certification of completion.

Funding is Provided by  
Juvenile Justice Grant  
obtained through Nebraska  
Crime Criimmission

TRY ANOTHER WAY



## TRY ANOTHER WAY CLASS

This Class is Gender Specific. The Curriculum is designed to help young women address their needs in a safe, comfortable environment in which they can learn better ways to live their lives.

# Curriculum

Modules covered:

- ◆ Education
- ◆ Finances
- ◆ Self-Esteem
- ◆ Developing Strong Relationships
- ◆ Stress and Trauma
- ◆ Drugs and Alcohol
- ◆ Making Right Choices
- ◆ Spirituality
- ◆ Celebration Party on Completion



# Instructors

**Suzanne Kusy,**

District 3 Probation officer

**Pam Lausterer,**

Youth Service System Director

Others Including

Self-Defense Instructor

Yoga Instructor

Former Addict - Speaker

Fitness Instructor



# LOCATION of CLASSES

Classes will be held at:

112 E. 7th Street

Wahoo, NE

Veterans Memorial  
Building

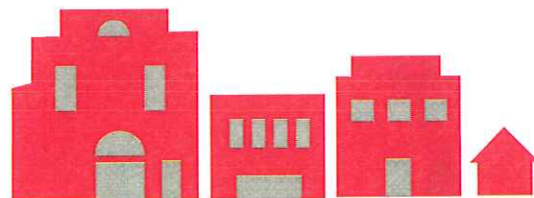
Please call

for

Dates and Times

Snacks are provided.

*Gas vouchers are available to  
assist with transportation costs*



# REGISTRATION INFORMATION

FOR FURTHER DETAILS ON  
THE CLASS OR TO REGISTER,  
CALL PAM LAUSTERER AT  
(402) 443-8169

FEMALES ONLY BETWEEN  
THE AGES OF 14-18

COST: ZERO