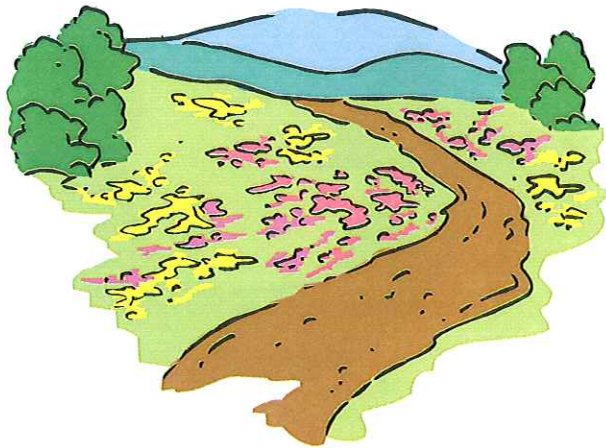


About the Class

Life is no straight-edged path. we are faced with a life long journey of hills to climb and valleys to descend. This class helps you discover how anger has control of your life.

Want to reclaim that power? Come join us to learn what skills can help you do this.



How Does it Work?

Participants attend two classes. Each class is a three-hour session. The class is for both males and females between the ages of 14-18.

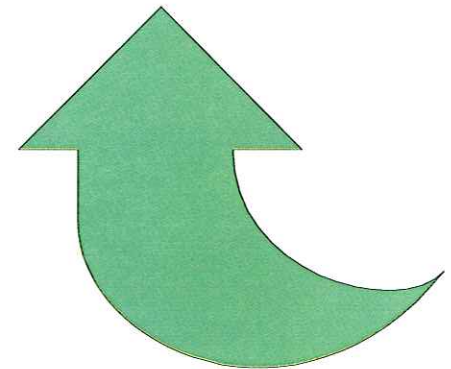
Snacks are provided and gas vouchers are available to assist with transportation costs. All classes must be completed to receive a certificate of completion.

When and Where

Classes will be held at:
112 E. 7th Street
Wahoo, NE

Veterans Memorial
Building

Call (402) 443-8169 for
Dates and Time
of Classes



Instructors

Suzanne Kusy

District 3

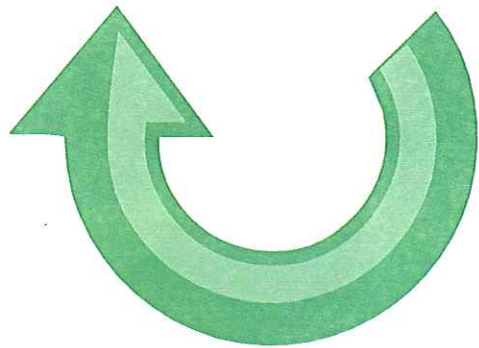
Probation Officer

Pam Lausterer

Youth Service

System

Director



*Chill
Out*

*Funding is provided by Juvenile Justice
Grant obtained through the
Nebraska Crime Commission*



Chill Out

A

Class to Help

you Take

Control of

Your Life

